

SECTION 7

ALLERGY HEALTH PLAN

DEPARTMENT OF FAMILY AND SUPPORT SERVICES

Procedure Title: Child with a Food Allergy

Last Updated: March 24, 2011

In Support of Policy: Individualized Health Plan
Emergency Medical Procedures

Standards: 1304.23(a)(1-2), 1304.20(a-e), 1304.22(b)(3)

What is done:

- Children with food allergies are identified after completing the child health history and/or by documentation of a food allergy on the State of Illinois Certificate of Health **at enrollment.**
- If a parent indicates that a child has a food allergy, the health coordinator needs to assess the child's food allergy using the State of Illinois, "Allergy History Form". The health coordinator asks the parent/guardian all the questions on the form and documents the parent responses.
- The health coordinator then gives the parent the "Illinois Food Allergy Emergency Action Plan and Treatment Authorization" for the primary care physician or allergist physician to complete.
- Once the Food Allergy Emergency Action Plan is completed, the health coordinator will review the plan with the parent(s) and all staff involved with the care of the child: teachers, kitchen staff, administrators, bus drivers, etc.
- The health coordinator will make sure all prescribed medications are on site BEFORE the child attends the first day of care. Medication administration consents need to be signed by a parent or guardian.
- The health coordinator ensures that all staff caring for the child have been trained on the administration of the standard epi-pen or the twinject epi-pen. Instructional training DVDs are available at www.twinject.com. "Twice the Confidence" for instructions for administration of the epi-pen and understanding and treating anaphylaxis (severe allergic reaction). Demonstrators for staff training use can also be ordered free of charge. Another free instructional DVD is available from the Food Allergy & Anaphylaxis Network, "It Only Takes One Bite" at www.foodallergy.org.
- The health coordinator will review and follow all relevant procedures outlined in the State of Illinois document, "Procedures for managing Life-Threatening Food Allergies in Schools. Please refer to this document for guidance related to managing food allergies in the school/child care setting. All staff involved with the child's care must read this procedure and be accountable for it.
- Provide a copy of the State of Illinois, "Procedures for Managing Life-Threatening Food Allergies in Schools" to parents/guardian. Ask parent(s) if he/she has any questions.
- If appropriate, classroom children to view: DVD, "Alexander, the Elephant Who Couldn't Eat Peanuts", available from the Food Allergy & Anaphylaxis website: www.foodallergy.org.

- If appropriate, parent letter to be distributed to classroom parents.
- The name of the child and the name of the food allergy needs to be documented on the classroom “Children with Special Health & Nutritional Needs” list. A cover sheet should be placed over the list to ensure adherence to the program’s confidentiality policy.

What documentation is provided:

- State of Illinois, Procedures for Managing Life-Threatening Food Allergies In Schools
- State of Illinois, Allergy History Form
- State of Illinois, Food Allergy Emergency Action Plan
- State of Illinois, Allergy Letter to Classroom Parent.

What is the timeline for completion & renewal:

- Before child start the first day of class/child care

Who is responsible:

- All staff responsible for the care of the child, including temporary staff, administrators, kitchen staff, bus drivers/bus child attendants, etc.

How is this monitored / reviewed:

- Annually

Who is responsible for monitoring & review:

- DFSS Policy & Procedures Committee and HSAC

Revised 3/24/2011 Monica Dillon RN



Food Allergies

Alergía de Alimentos

Mayor Richard M. Daley, City of Chicago
Commissioner Mary Ellen Caron, Ph.D.,
Chicago Department of Children & Youth Services



FSS OFFICE OF
**CHILDREN &
YOUTH SERVICES**

Name	Type of Allergy
Nombre	Tipo de Alergía